

## To my future brother

It is you that gives meaning to my existence. It is you who provides me with inspiration. And it is thanks to Silo's Message that the future became clear and I could see you. In that time when Silo's Message was born it seemed that the future had disappeared and that the present had transformed to a long night. There were many who did not then believe the future would ever arrive.

Allow me to give a testimony, both simple and from the heart, about how the Message of Silo transformed my life.

Silo's Message introduced itself in my life in such a gentle way that that at first I did not recognize what was happening. I thought I already knew all this. Of course I already had profound experiences during ceremonies with Silo, but I attributed this more to his presence there than his message. I had no trouble seeing the sacred in him, but I could not see it in myself. Silo's Message brought me precisely to this; to finding the sacred in myself, to finding the light in my own heart.

Silo's Message has an infinite number of facets, of portals leading to profound experiences, but I would like to recall two ceremonies that for me have been most important. These are for me the Asking and the Ceremony of Well Being.

### **The Asking**

If there is anything I can testify to it is that the "gift"<sup>1</sup> of Silo allows any difficult situation to be converted. Even in the worst internal states, when it comes from a deep need the asking is always heard. I affirm that this is valid, at all times and for every human being. Any human being faced with the illness and suffering of someone dear to them launches a cry that echoes in the depths of inner space – a cry that finds an answer.

The Asking is the most accessible thing that Silo left us and is perhaps why it has accompanied me up to now. But that it is simple does not mean it is not profound. On the contrary, the Asking can bring us into "contact with the profound in human mind, an unfathomable depth where space is infinite and time eternal."

In general, after the Asking I feel so well that the only thing I want to do is to give thanks. That's why, for me, asking and thanking are united, as if they came from the same internal space. This is the space of asking and thanking, a place where one feels well. I can be in the midst of the world as asking and thanking can be done anywhere and at any time. Then I feel close to the others at the same time I feel accompanied from the inside by a protective presence. This internal atmosphere tends to spill over toward the other, toward the world, and I surprise myself asking for

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<sup>1</sup> *"In some moment of the day or night inhale a breath of air, and imagine that you carry this air to your heart. Then, ask with strength for yourself and for your loved ones. Ask with strength to move away from all that brings you contradiction; ask for your life to have unity. Don't take a lot of time with this brief prayer, this brief asking, because it is enough that you interrupt for one brief moment what is happening in your life for this contact with your interior to give clarity to your feelings and your ideas."*

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strangers who have crossed my path. There is an emotional force that grows from the inside, a kind of life-giving warmth I feel in my chest, as if my heart had wings, weightless and drawn to the other, aiming to transmit well-being.

### **The Ceremony of Well Being<sup>2</sup>**

This ceremony is a mystery to me. To participate in a ceremony of Well Being is to enter a space of pure emotion. It is an encounter with the other participants and their loved ones. The evocation of each one raises the emotional feeling. Everything is unified, is reconciled. The ties that bind us to them are sacred, timeless, and are an entrance into the depths of the consciousness. The second part of the ceremony opens an opportunity to experience that there is no separation between this world and the other spaces and other times.

At the end of the ceremony we feel united, immersed in this current of well being, surrounded by a comforting silence and with full hearts. It is an open door to the experience of love, peace and joy warm. It is an entrance to the sacred spaces.

With time I came to realize how much this emotional atmosphere that unites us at the end of the ceremony is sacred. It allows us to enter a world of deep meanings, to capture that intention that is manifested through all that lives. "*A profound intention in me uses this world and this life to catapult me toward the infinite*". I perceive it as if it were a substance uniting all beings.

It is in all of us, this light is in everything. It is the "*revelation to which all arrive who meditate in humble search*".<sup>3</sup> Since then I was convinced that the transformation of the world does not come from anywhere else than our hearts, and it is this substance that produces internal unity as well unity among beings.

### **Internal Unity and Unity Among Beings**

Internal unity is a substance we generate and which awakens something similar in others. This living substance is a deeper Self with a purpose that is outside of this world and tends to project so as to produce Unity among human beings. The others inspire me because I recognize the divine in them. The increasingly irrelevant "I" tends to dissolve in the "we". I remain simply available, transparent, abandoning myself to this atmosphere.

As unitive acts accumulate and impel their repetition I sometimes feel like a force of nature that nothing can stop. "*How can the infinite goodness of the Profound express itself if not through us?*" It's like a register that surpasses us, it is in me and in the other (or others) and seeks to unite and revive. I have the intuition that this unity not only has consequences in this world alone, but also beyond this world, as if it were food for worlds, as if fed a Center.

### **The Center**

This Message is an invisible thread, gaseous but solid, which lives in me and guides me from the inside. It is a certain inner place, which I have to abandon in order to find it. It produces the sensation that your feet do not touch the ground, but are swept

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<sup>2</sup> See the book of Silo's Message

<sup>3</sup> Silo's Message

away by a current. And this changes everything, even the relationship with the other. It is as if the walls that separate me from others vanish and the spaces mingle. We are not separate.

The fact of not forcing, of letting go, of not seeking control causes the loss of the normal coenesthetic sensation of oneself. Normally my point of support had been a body like a walled fortress, full of tension. From there, the Center is imperceptible, but still I know it's there, like a Presence. My life has a center of gravity that is not here now because I'm not from there.

### **The Messengers**

They share a common space outside of time and vibrate as if they were one body. They cross the spaces in a rocket of fire powered by a universal Purpose. They feed on each other's experiences and visit in their dreams. They are like a magnet that draws the hearts that need to Silo's Message:

- A procession of joy and colors
- A clamour of energy and light
- A soothing heat
- The irruption of Beauty
- Ray of Meaning
- Relief and elevation of hearts
- Benevolence

During the ceremonies of The Service and the Laying on of Hands, the Messengers sometimes transform into lightning and in the midst of bursts of thunder project their energy for your arrival, you the human being of the future. And sometimes when our union is very strong, we seem to graze that future from where you have come. That future hinted at in the myth that is forming around the coming of Silo.

### **Silo**

*"Your concealment of this world  
ignites our hearts  
which you seek inside them.*

*Over an entire lifetime you prepared us for,  
for this moment.*

*You cooked us in your oven,  
Patiently kneading, modeling,*

*And then suddenly you, in an unimaginable way,  
increased the temperature.*

*Then you leave, further and further away, Deeper and deeper.  
riding the star.*

*We begin to discover this new being gathering Force,  
being born in us  
learning to walk,*

revealing her powers.

You have given birth to a new human being,  
when you saw her birth,  
you generously left, so she might fulfill her destiny.

No words exist containing  
the deep thankfulness we wish you to receive,  
each day,  
from our birth."

### **My Brother**

Surely my vision of things seems strange  
to you who inhabit distant galaxies  
You who have conquered pain and suffering  
You know from birth that you're immortal  
You who know that the other is divine

I am sure you look at me with deep compassion since I already have felt the gentle warmth of your compassionate gaze on me and I felt loved. Surely in the Profound we have met.