

## **Experience of Contact with the City of Light**

*Brief description of personal experience on topics related to the work of the School*

I would like to describe a personal experience made in 2010 during the practice of the morphological discipline proposed to the postulants of Silo's School. It is a personal internal experience of contact with what, with a certain approximation, can be defined as the "city of light".

The experience took place in the following way. As usual I sat in the chair to do the routine exercises of the morphological discipline. I was practicing step eight, in which it is proposed to feel the "emptiness of emptiness". At first I had a moment of difficulty and low concentration. Then, persisting in the search for the register of emptiness, this to me extraordinary experience appeared, which introduced a new way in my vision of reality.

Following the proposed exercise, I persisted in the effort to move away from the central point, creating the void. I expanded the register towards the limits that fade away until they disappear, but which remain absolutely real. I spent an indeterminate amount of time in this effort the more intense, the more immaterial. Moving away from the center has created the void, as well as the disappearance of the limits. I insist with great intensity once, twice, several times...

I found myself near the end of a tunnel. A little further on, a luminous space opened up. Out there waiting for me, horizontal, the place that had always been coveted, the Place of Places. It stood there, magnificent, in the luminous esplanade a little to the right.

I was on the edge of a very large space full of dear people and friends. The atmosphere was very comforting and bright, bathed in clear and transparent light and fresh air filled the lungs.

I let myself go to this register of great well-being. I was in ecstasy, deeply absorbed, dazzled inside me and suspended in an unnamed peace. I saw that in this city there is nothing to take away and nothing to add. Everything is as it should be. There is nothing to fear. There is neither before nor after, hot or cold.

In this place I found all human beings; past, present and future.

I have experienced the clear register of being in the most longed-for place, the most beloved dwelling, where everyone, sooner or later, converges. Everything was of great simplicity and incomparable beauty.

I had the sensation of touching a very deep inner region, with a space and time different from the usual. The impact of this experience weakened and relativized my belief in death.

As a result of this experience, questions have arisen about its veracity and the possibility of being shared, which leave the door open for possible further investigations. In the meantime I share this brief description as a humble contribution to the common of the School.

Four years after the experience, during a trip to Turkey, I visited the esplanade in front of the Amphitheater of Ephesus and it seemed to me that I saw the same landscape already seen in the experience.



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*Revision of the English translation: Jan Tamáš*